



# Ta Chi for Health

for Men and Women

## Registration Details

**Kawana Waters Uniting Church, Thunderbird Drive, Bokarina**

**Monday mornings 9.15-10.15 am, 8 week term starts 18<sup>th</sup> October, 2010**

(Continuing/advanced students' classes are held - 10.30-11.30 am)

**Prior to first class phone Bev 54936876 or 0408546826 and arrive 1/2hr early to register**

- Payment Options:
1. \$80
  2. Concession \$72
  3. Become QKFA member (valid till 31.12.11)  
Discounted Classes \$64 + Membership \$25 = \$89
  4. Become QKFA Concession member  
Discounted Classes \$56 + Conc. Mship \$22 = \$78

*Concession for: - Persons 60 years & over, Health Care Card holder or Full time student.*

**Wear cool, loose comfortable clothing and flat, walking or soft soled shoes.**

**Bring a plastic bottle of water.**

**Beverley Murphy, Dip.T., B.Ed.,L.S.D.A.**

Accredited and Registered Instructor Member Queensland Keep Fit Assoc .Inc.

*(Tai Chi for Health as advocated by Dr. Paul Lam, includes arthritis and diabetes programs)*



To confirm your attendance at course please detach and complete the form below.

Also enclose Health Screen Form which must be signed prior to starting course.

Enclose QKFA Inc. Membership form if applicable.

Send with your cheque or money order to

**Beverley Murphy, 3 Suncrest Court, Wurtulla. Q. 4575.**

**or phone Bev and bring registration form and payment 1/2hr before first class**

Please note that there are no refunds after commencement of course and numbers are limited.



I wish to confirm my attendance at **Tai Chi for Health course, starting Monday 18<sup>th</sup> October**  
**Kawana Waters Uniting Church, Bokarina, 9.15-10.15 am**

- Circle the fees enclosed
1. \$80 classes
  2. \$72 concession classes
  3. \$64 discounted classes + QKFAI Membership \$25= \$89
  4. \$56 conc. discounted classes + QKFAI Conc. M'ship \$22= \$78  
(QKFAI membership till 31.12.2011)

Name.....

Address.....

Phone Numbers.....

Email.....