

# Introduction to Tai Chi



## THURSDAY EVENING 6 WEEK COURSE

**Class Time: 7:30pm – 9pm**

**Commencing 28<sup>th</sup> October till 2<sup>nd</sup> December 2010**

## AIR CONDITIONED STUDIO

**International Dance Affair 26 Evans Ave. North Mackay  
Entrance is at the back of the studio in Cornwell St**

QKFA member \$72:00 or \$63:00 (concession)

Non-Member \$90:00 or \$81:00 (concession)

QKFA membership \$25:00 or \$22:00 (concession) Expires 31<sup>st</sup> December 2011

*Concession for: - Persons 60 years & over, Health Care Card holder or Full time student.*

Wear cool, loose clothing, walking or thin soled shoes. Bring a plastic bottle of water.



**Dawn Ruffle and Stephen Ruffle: Accredited & Registered  
Instructor Members of Queensland Keep Fit Association Incorporated**

**Phone: 49548860 Mobile 0417733549** *If phone is unattended please leave message*

To confirm your attendance at a course please detach, complete and return form below with your Health Screen Form and Queensland Keep Fit Membership Form if applicable. Thank you  
Cheque or money order made out to **Dawn Ruffle**

Mailing Address. D & S Ruffle 3A Rural View Drive Mackay 4740

**REGISTER EARLY TO ENSURE YOUR PLACE, AS NUMBERS ARE LIMITED**

Please Note that there are NO refunds after the commencement of the course.

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**Thursday Evening 6 Week Introduction to Tai Chi Course 7:30pm– 9:00pm**

**Commencing 28<sup>th</sup> October till 2<sup>nd</sup> December 2010**

Circle course & fee enclosed QKFA Member - \$72:00 or \$63:00 (concession)

Non QKFA Inc Member - \$90:00 or \$81:00 (concession)

QKFA Inc. Membership - \$25:00 or \$22:00 (concession)

Name.....

Address.....

Phone Numbers.....

Email.....