

Introduction to Tai Chi 2011



**Northern Beaches Community Hall
Corner of Butler & Wallace Streets Bucasia**

Monday: 8, 15, 22, 29 August, 5, 12 September, 3,10 October 2011 8 Sessions

Class time: 6:00 pm - 7:30 pm 1 1/2 Hour Session

First Session please arrive at 5:40 pm for registration.

After course is completed the class will continue for more advanced Tai Chi Tuition

QKFA member \$96:00 or \$84:00 (concession)
Non-Member \$120:00 or \$108:00 (concession)
QKFA Inc. Membership \$30:00 or \$25:00 (concession)

Concession for: - Persons 60 years & over, Health Care Card holder or Full time student.

Wear cool, loose clothing, walking or thin soled shoes. Bring a plastic bottle of water.



Dawn & Stephen Ruffle: Registered Instructor
Members of Queensland Keep Fit Association Incorporated

Phone 0749556390 or 0417733549 *If phone is unattended please leave a message*

To confirm your attendance at a course please detach, complete and return form below with your Health Screen Form and Queensland Keep Fit Membership Form if applicable.

Cheque or money order made out to **Dawn Ruffle**

Mailing Address. D. Ruffle 69 Tropical Ave, Andergrove, Mackay 4740

REGISTER EARLY TO ENSURE YOUR PLACE, AS NUMBERS ARE LIMITED

Please Note that there are NO refunds after the commencement of the course. Thankyou

✂.....

Monday: 8, 15, 22, 29 August, 5, 12 September, 3, 10 October 2011 8 Sessions

Class time: 6:00 pm - 7:30 pm

Circle fee enclosed

QKFA Member - \$96:00 or \$84:00 (concession)

Non QKFA Inc Member - \$120:00 or \$108:00 (concession)

QKFA Inc. Membership - \$30:00 or \$25:00 (concession)

Name.....

Address.....

Phone Numbers.....

Email.....

Please Note that there is NO refunds after the commencement of the course.