



www.
TimeOutTaiChi.com

Tai Chi for Health

Pre-registration required
to book your place

Each Monday morning from 9am
(Excluding School & Public holidays)
Venue: South West Mackay Neighbourhood
Centre, Corner Clements & Pompey Streets,
Mackay. *Term fees apply*

New Beginners Class starts 10 October

Each Wednesday afternoon 1.30pm
(Excluding School & Public holidays)
Venue: Iona West Uniting Church, Brooks
Street, Mackay. *Term fees apply*
New Beginners Class starts 12 October

Leanne Simpson ph 0428181824 or email
leanne@timeouttaichi.com

Term Fee 8 weeks

Payable at start of term,
No refunds or transfers

Full - \$84 (10.50/class)
Concession - \$76 (9.50/class)

QKFA Full - \$68 (8.50/class)

QKFA Concession - \$60 (7.50/class)

Casual – payable weekly

Full - \$12.50 (\$100)

Concession - \$11.50 (\$92)



Tai Chi FOR HEALTH

Suitable for everyone, arthritis
foundation approved, can be
done standing or seated, safe
and lots of fun

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